

LNC Extra-Curricular Code

Academic Policy

Extra-curriculum activities include ANY athletic team, MS/HS club leadership positions, or clubs that represent LNC in competition.

To be eligible to tryout and remain eligible to participate for any sport, extra-curricular competition, or club leadership role at LNC, the student must meet the following criteria;

HIGH SCHOOL STUDENTS: No grade of an “F” and a cumulative grade point average of 2.0 or higher (weighted) for the previous semester. For example, students planning to participate in fall/winter sports or activities will have their eligibility determined by their second semester report card from the previous school year. For spring participation, eligibility will be based on the first semester.

The first semester is determined by combining the grades from Quarter 1, Quarter 2, and the midterm exam. The second semester is determined by combining the grades from Quarter 3 and Quarter 4.

MIDDLE SCHOOL STUDENTS: Must maintain a grade of 70% or higher in all of their courses as reflected on the student’s last nine week quarter report card.

The grade requirement will be waived for students with an IEP (Individualized Education Plan) or LEP (Limited English Proficiency Plan), provided that (1) the goals outlined in the IEP/LEP are being met and (2) the student has no failing grades.

Parents and students are responsible for monitoring their grades and academic progress throughout the year via Schoology and communication with teachers.

All rising 9th students who intend to participate in a fall sport are granted eligibility for the first semester of their freshman year, regardless of their academic performance in middle school. Following the conclusion of the first semester, continued eligibility will be determined based on Semester 1 grades in accordance with the LNC Extra-curriculum policy.

SUMMER SCHOOL: May be used to regain eligibility, but only for students who have failed a course during the academic year. All courses must be approved by LNC administration and NCAA-accredited. The coursework must be completed prior to the start of the fall season.

Eligibility and Participation Guidelines

To maintain the integrity and commitment expected within our athletic programs, the following policies have been established and must be adhered to by all student-athletes:

Enrollment Requirement for Participation

All students must be enrolled full-time at Lake Norman Charter to be eligible for participation.

Transfer Student Participation

A student transferring from another NC public school in 10th, 11th, or 12th grade must contact both the coach and the athletic director prior to trying out for a sports team or participating in workouts. In accordance with NCHSAA regulations, transfer paperwork must be completed and submitted before the student can participate.

Disciplinary Standards for Participation

Students must maintain good disciplinary standing throughout the duration of their respective sport season or co-curricular activity. If a student is suspended for any reason, their eligibility to remain a member of the team or club may be reviewed and revoked by the coach or administration. During the suspension, the student is not permitted to participate in or attend any sport or co-curricular events. Any violations of the school's behavior policy will be reviewed by the administration and may result in probation or removal from the team or club.

Attendance Requirement for Athletic Eligibility

To remain eligible for athletic participation, students may not miss more than nine full days during the previous semester. A full day is defined as missing more than half of a student's LNC academic schedule. This policy applies to both middle and high school students and includes all absences, regardless of whether they are excused or unexcused. The administration may grant special consideration in cases of extenuating circumstances. Additionally, each coach or club leader has the authority to establish an attendance policy that must be adhered to in order to remain on the team or in the club. This policy will specify the maximum number of excused missed practices a participant may have before being asked to leave the team or club.

Same-Day Participation Requirement

To be eligible for participation, a student must be present for at least half of their *LNC academic schedule* (i.e. on-campus classes). At the middle school students, must be in attendance until at least 11:30 am or arrive by 11:30 am and be present for the remainder of the day. Any student who is absent from or removed from school for more than half of the school day on the day of a contest is ineligible to participate in that day's athletic event.

Athletic Participation Forms

All required paperwork must be submitted before the start of each sports season tryout, including a current physical (conducted within one year of tryouts).

Age and Eligibility Requirements

Student-athletes who turn 19 years of age on or before August 31st of the current school year are ineligible to participate. Additionally, no student-athlete may participate at the high school

level for more than 8 consecutive semesters, beginning with their first entry into 9th grade or their first participation on a high school team, whichever occurs first.

Voluntary Withdrawal or Dismissal from a Team

Any student-athlete who voluntarily quits a team, except for medical reasons, may forfeit their eligibility to participate in LNC athletics for up to one year, as determined by the administration. This one-year ineligibility period also applies to any athlete who is dismissed from a team by a coach or by the administration.

Ejection from a Game

Any student-athlete who is ejected from a game will be ineligible to participate in a minimum of two subsequent games. Additionally, the student-athlete will be required to complete a sportsmanship course before regaining eligibility.

Sports Participation Commitment

Student-athletes are required to complete their current sport season in its entirety before participating in a new sport. This includes regular season practices, competitions, and postseason activities. This policy is designed to promote accountability, respect for teammates and coaches, and the development of a strong work ethic.

Team-Specific Rules and Expectations

In addition to the general athletic policies set forth by the school, individual coaches may implement additional team rules, expectations, and athlete contracts. These supplemental guidelines are established to support team culture, discipline, and performance. All student-athletes are expected to understand and comply with these rules as a condition of team participation. Coaches may enforce stricter, but not more lenient, policies.

Uniform and School Issued Equipment Responsibility

The student-athlete is financially responsible for any lost, damaged, or stolen uniforms/school issued equipment.

Failure to comply with the above policies may result in disciplinary action, including but not limited to suspension from athletic activities, removal from the team, or ineligibility for future sports participation.

There will be no appeals granted to the Co-curriculum Academic Eligibility

Fan Expectations Policy

- Demonstrate positive support for all players, coaches, officials, and event staff at all events.
- Refrain from making derogatory remarks about officials, players, coaches, or event staff.
- Remember that events are for students, not adults.
- Treat everyone with respect, including players, coaches, fans, and officials.
- Avoid "coaching" your student from the sidelines.
- Refrain from using abusive, obscene, or profane language or gestures.
- Show good sportsmanship by applauding efforts, both in victory and defeat.
- Cheer FOR our team, not AGAINST opponents.
- Ensure that any accompanying spectators (e.g., family or friends) follow these rules.
- If ejected from a contest for improper conduct, you will be required to leave the LNC campus.

Lake Norman Charter Extra-Curriculum Substance Abuse Policy

The use and/or possession of tobacco, alcohol, illegal drugs, vaping, electronic cigarettes, and performance-enhancing products, are prohibited. If an LNC faculty/staff/administration is made aware of an LNC student club participant or athlete potentially violating this policy on or off campus, the following process will occur:

1. School officials will notify the student's parent/guardian in a timely manner once a potential violation is reported.
2. The athletic director and/or principal will proceed with due diligence to determine the validity of the reported violation.
3. The athletic director will facilitate a meeting of the student, the parent/guardian, and the principal to discuss consequences. If the student is found to have violated the Substance Abuse Policy, the following penalties will be imposed:

First Offense:

(student athletes): The student-athlete will be suspended from active team participation for two calendar weeks. During this time, they must attend all practices and games but may not take part in any activities

(club participants): The student will be suspended from participating in the club's competitions, meetings, and organized activities for the next four school weeks

The athletic director/principal has the ability to reduce the suspension if the student completes an approved educational or service-based program, related to the violation.

Second Offense:

(student athletes): The student athlete will be suspended from participation on any athletic team for one calendar year.

(club participants): The student will not participate or hold a leadership position for any club for one calendar year.

Review Process: Parents or guardians may request an appeal of the decision. If requested, a review board will be convened and will issue a resolution within three school days. The student will remain ineligible during this period but will have the opportunity to address the board. The athletic director/club advisor will sit in on the appeal to answer any questions but will not be a voting member.

Athlete Review Committees will consist of:

- Two coaches who have never coached this student athlete
- One non-coaching staff member

Club Participant Review Committees will consist of:

- Three faculty members who have not directly supervised the student in a club